



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
2024-2025

School Name & Location Number:	West Homestead K-8 Center
Principal:	Mr. Carl Robinson
Phone Number:	305-248-0812
School Wellness/Healthy School Team Leader:	Pedro Canino
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Pedro Canino – Physical Education Teacher Yainelis Del Val-Food Service Manager Sonia Martinez-Assistant Principal
Committee Meeting Dates:	
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition: Encourage students and staff to have proper nutrition</p> <p>Physical Education: Ensure that physical education programs are inclusive and accessible to all students, including those with disabilities.</p> <p>Physical Activity: Encourage students and staff to be more active.</p> <p>Health and Nutrition Literacy: Provide brochures, posters, and digital resources that explain nutritional information and healthy lifestyle choices.</p> <p>Preventive Healthcare: Eating a balanced diet rich in fruits, vegetables, and whole grains supports overall health.</p>

Sustainability Practices:	Encourage walking and biking to school by providing safe routes and bike racks.
Community Engagement:	Share calendar and other information to staff through email. Share with community through marquee sign
Monitoring and Evaluation:	Physical Education- weekly Assessment for students.
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	